

A note to that teacher: These **Challenge Cards** are designed for students to discover the answers as they use the 'Virtuali-Tee' and app. Answers can be found on the Skeletal System Quiz.

Challenge 1

Without bones you would...

- A. Float
- B. Sink
- C. Fall over
- D. Look the same

Challenge 2

Which of the following is NOT an organ?

- A. Cells
- B. Lungs
- C. Bones
- D. Heart

Challenge 3

Bones are made of...

- A. Steel
- B. Carbon fibre
- C. Collagen and calcium
- D. Hardened muscles

Challenge 4

Astronauts can come back to earth with...

- A. More teeth
- B. More bones
- C. Lighter bones
- D. A heavy heart

Challenge 5

Which of the following can have stronger than average bones?

- A. Accountants
- B. Animators
- C. Athletes
- D. Art teachers

Challenge 6

What can be found inside bones?

- A. Turnips
- B. Marrow
- C. Courgette
- D. Carrots

Challenge 7

What is marrow responsible for?

- A. Storing oxygen
- B. Producing red and white blood cells
- C. Filling in the gaps
- D. Filtering your blood

Challenge 8

White blood cells are able to...

- A. Change colour
- B. Carry oxygen
- C. Defend the body
- D. Carry instructions to organs

Challenge 9

Collagen can also be found in...

- A. Apples
- B. Hair
- C. Steel
- D. Pencils

Challenge 10

You can improve the health of your bones through...

- A. Eating foods that are high in calcium
- B. Exercise
- C. Taking vitamin D
- D. All of the above

The **ULTIMATE** way to learn
about the body



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